

IMPORTANT INSTRUCTIONS REGARDING YOUR ANESTHESIA

You will always be given local anesthesia for your surgery, however you may choose any of those listed below as a supplement. Each choice requires different preparation on your part and for your safety it is important that you read and follow the instructions carefully. If you are unclear about anything, please ask your doctor.

For all surgery please wear comfortable, loose fitting clothing. Tops/shirts should have sleeves that are easily drawn up above the elbow. When possible, colored nail polish should be removed before surgery.

If you are going to use:

A. LOCAL ANESTHESIA

1. Have a light meal a few hours prior to surgery.
2. For more extensive procedures you may wish to have someone to drive you home.
3. Plan to rest for a few hours after surgery.

B. ORAL PRE-MEDICATION

1. Take the medication at the time directed before the surgery.
2. Follow instructions for any additional anesthesia chosen.

C. NITROUS OXIDE

1. You may have a light meal four (4) hours prior to surgery.
2. You must have a responsible person to drive you home after surgery.
3. Plan to rest for the remainder of the day.

D. IV ANESTHESIA OR GENERAL ANESTHESIA ** Nothing To eat or drink after 12am

1. Nothing to eat or drink (including water) for eight (8) hours prior to surgery, however it is important that you take any regular medications (high blood pressure, antibiotics, etc.) or any Pre-medication prescription that we may have provided, using only a small sip of water.
2. No alcoholic beverages at least twenty-four (24) hours prior to surgery.
3. An adult must accompany you to the clinic the day you plan to have surgery. They should plan to remain in the clinic throughout your surgery and will be responsible for driving you home afterward.
4. Plan to rest for the remainder of the day. Do not operate power tools, machines, etc., for 24 hours after surgery.

ADDITIONAL INFORMATION: If you prefer to listen to your own music, feel free to bring a CD or cassette player with small earphones.

Signature

Date